

Current Course Pricing as of October 2, 2023

October 2023 - Current

MSC, 8 weeks			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$500		\$359.92
Sustaining	\$420		\$327.64
Community A	\$340		\$262.35
Community B	\$250		\$188.91
MBSR, 8 weeks			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$500		\$359.92
Sustaining	\$420		\$327.64
Community A	\$340		\$262.35
Community B	\$250		\$188.91
CCT, 8 weeks			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$440		\$314.96
Sustaining	\$370		\$286.83
Community A	\$295		\$225.63
Community B	\$220		\$164.43
SC-MSC, 6 weeks			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$290		\$200.32
Sustaining	\$240		\$180.75
Community A	\$190		\$139.94
Community B	\$145		\$103.22
Mindful Resilience, 6 weeks			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$380		\$268.11
Sustaining	\$315		\$241.95
Community A	\$250		\$188.91
Community B	\$190		\$139.94
Tools for Teens, 8 weeks (12-14hrs)			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$410		\$290.53
Sustaining	\$340		\$262.45
Community A	\$270		\$205.23
Community B	\$205		\$152.19
Tools for Teens, 8 weeks (10 hrs)			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$350		\$245.57
Sustaining	\$290		\$221.55
Community A	\$230		\$172.59
Community B	\$175		\$127.70
Finding Calm, 6 weeks			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$235		\$160.13
Sustaining	\$195		\$144.03
Community A	\$155		\$111.38
Community B	\$115		\$78.74
Parent & Child MSC (PC-MSC), 6 weeks (NEW)			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$360		\$253.86
Sustaining	\$300		\$229.71
Community A	\$240		\$180.75
Community B	\$180		\$131.78
Mindful Resilience and Connection (4 weeks, 8 hours)			
Sliding Scale	Course Fees	Net Pay (est)	
Supporting	\$250		\$188.91
Sustaining	\$210		\$156.27
Community A	\$170		\$123.62
Community B	\$125		\$86.90